



DANCING  
AROUND  
*SUFFERING*

12.08-03.09.22

KRISTINA KULAKOVA

curated by PAULA MARSCHALEK  
SILENT GALLERY @DIT

opening: 11.08. 17:00

Cordial Invitation to the solo exhibition

# DANCING AROUND SUFFERING.

## Finding Light in Darkness

curated by Paula Marschalek

### Hard Facts

Opening: 11.08.2022, 17:00

Duration: 12.08. - 03.09.2022

Finissage: 03.09.2022, 17:00

Location: Silent Gallery @ DIT, Schleifmühlgasse 1/11, 1040 Vienna

Opening Times: by appointment (+43680 33 35 677)

### Special Program

Curator's Tour: Friday, 12.08.2022, 15:00 - 18:00

Metta meditation sessions: Wednesday, 18:00 (17./24./31.08.2022)

Silent meditation Day: Sunday, 12:00 - 17:00 (14./21./28.08.2022)

Kristina Kulakova

In the context of the exhibition „Dancing around Suffering. Finding Light in Darkness“, Kristina Kulakova presents her artistic cosmos for the first time, showing new works from 12.08. to 03.09.2022, at the Silent Gallery @ DIT.

The exhibition deals with often negatively connoted aspects of suffering, offers an alternate way to find balance, freedom, and peace in life. Inspired by mediation, and personal experiences, Kulakova sees life as a dance around suffering, in which something positive can always occur, enabling us to overcome given problems and reconsider the way of life. She will show the photographic series “Dancing around Suffering” as well as new artworks that create a dialogue with the unique architecture of the space, providing new perspectives, and unexpected views. For an interactive sculptural element, she invited the designer Evgeniia Kazarezova to collaborate and introduce her sculpture “The Chaos Dome”.

“People have a hard time letting go of their suffering.  
Out of a fear of the unknown, they prefer suffering that  
is familiar.”

- Thich Nhat Hanh